

- The first downside is that one treatment isn't going to achieve the looks that you want. Clients frequently need more than one treatment to achieve the toned derriere they're looking for.
- Another negative aspect of this non-surgical option is that it's not a permanent solution. To get the best results, you would need to continue having treatments performed and do things outside of your treatment to promote the toning of your backside further.

Irene Ruiz
Licensed Esthetician

HOW MUCH DOES VACUUM THERAPY COST?

Several aspects determine the cost of your therapy. These influential factors include:

- Provider of the service
- Number of treatments you require
- The extent of your treatment area

Before you begin treatments, you need to sit down with your provider and inquire about the costs needed to cover the number of treatments you will need.

\$65 - Per Session

**\$300 – Pre-Paid
 Package of 6 Sessions
 (\$90 Savings)**

Session are 45 – 60 minutes



Vacuum Therapy Butt Lift



The Buzzy New Treatment for your Tush

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What is Vacuum Butt Therapy?

Each year thousands of people flock to doctors from New York to Mexico, searching for the perfect body. People opt to have the coveted butt lift performed to achieve a more shapely figure because of this quest. But what if you're someone that doesn't want to undergo an evasive treatment, such as a butt lift? I'm glad you've taken the time to read about my newest procedure because there's a non-invasive solution for people looking to skip going under the knife for more natural results.

Unlike the Brazilian butt lift, vacuum therapy (also known as vacuotherapy) is noninvasive and tones your tush without the use of incisions. Similar to a lymphatic drainage massage, vacuum butt therapy is a massaging technique that helps lift and contour the buttocks via a suction device equipped with glass cups. After a mini massage, two small suction cups are moved over the thigh and buttocks area, manipulating the tissue, then two larger suction cups are sealed over each side of the butt for approximately 20 minutes

PROS AND CONS OF VACUUM THERAPY

One of the first and obvious benefits of this type of therapy is that you don't have to have surgery the



way you would when having a Brazilian butt lift performed. Because you're not having surgery, the recovery time is much quicker than it would typically be. Another benefit resulting from this therapy is the reduction of cellulite. Around 80-90% of women struggle with cellulite and look for various remedies to improve its appearance. Vacuum therapy is a way to reduce cellulite without having to pay for surgery or workout frequently. Even though there are several benefits to this form of a butt lift, there are also some downsides.